

Aged 66 or over?



Worried about heating your home this winter?

Pension Credit can help

If you're of state pension age and on low income, you could receive an average of £3,900 per year, plus other benefits like the Winter Fuel Payment.

Use the online Pension Credit calculator to check if you're eligible.

Can we help?

Pension Credit claim line **0800 99 1234** | Age UK **01202 530 530** Independent Age **0800 319 6789** | Citizen's Advice BCP team **0808 2787 939** Ridgewater Energy **01202 612 726**



Scan the QR code to check if you're eligible gov.uk/pension-credit

Apply now before time runs out







Additional support is available to help you with essential costs this winter

Food and energy grants are available through the Citizen's Advice BCP team, who can also provide advice and support with managing debt and budgeting.

Call the Citizen's Advice team today 0808 2787 939

Visit a drop-in service

- Bournemouth Civic Centre BH2 6DX Monday to Thursday 10am to 2.30pm
- Poole Central Library BH15 1QE
 Monday to Thursday 10am to 2.30pm
- Christchurch Library BH23 1AW
 Monday to Friday 9.30am to 12.30pm



The service also offers community outreaches to a number of locations.



Visit their website for information citizensadvicebcp.org.uk/cost-of-living



Ridgewater Energy

are offering free home visits, providing energy advice, energy-saving devices and help with upgrading the energy efficiency of your home. Find out more 01202 612726

